



**CHENNAI**  
**INSTITUTE OF TECHNOLOGY**



SH-113, Sarathy Nagar, Pudupedu village Kundrathur sriperumbudur, Main Rd, Kundrathur,

## **FIT INDIA MOVEMENT**

28.08.2020

Fit India Movement is a nation-wide campaign that aims at encouraging people to include physical activities and sports in their everyday lives. In compliance with this movement, Chennai Institute of Technology also excitedly participated and supported this initiative in Fit India Movement.

As per the guidelines of NCC Directorate, we have made a fitness plan and plans to incorporate the same in cadets as a habituate. A plethora of activities was conducted under the campaign of Fit India Movement. To be making students realize that they citizen of a democratic country which is diverse in terms of culture and religion but there is unity in Diversity.

Activities undertaken by the following cadets:

S.NO	REGT NO	NAME
1	TN19SDA635451	ABIMANIKANDAN .C
2	TN19SDA635452	ARUNKUMAR .K
3	TN19SDA635453	ARUTJOTHI .S
4	TN19SDA635454	BALAADITYA .R
5	TN19SDA635456	GOWTHAM .R
6	TN19SDA635457	HARSHAD .S
7	TN19SDA635458	HEMANTH .S
8	TN19SDA635461	KONKALA RAM MANOJ REDDY
9	TN19SDA635462	NIRANJAN .K
10	TN19SDA635463	RANGANATHAN .K
11	TN19SDA635464	SANJAYKANNA.K
12	TN19SDA635465	SAMI VENKATA SAI RAJEEV
13	TN19SDA635466	SUSINDARAN .K
14	TN19SDA635467	THIRUNAVUKARASU .S
15	TN19SDA635468	VELURU SAI TEJA

